



Session 2: Presenter – Debby Wade

For this section. Will you read through the myths, and be honest about the ones you may believe (believed). Do you find that you want to defend the ones you believe? Do you struggle with believing the “truths” and find yourself arguing with them?

Myth #1: Porn is just a man’s struggle; and only men are at risk of becoming addicted.

Truth: Men, women, young girls and young boys, teen females and teen males are all at risk for becoming addicted if exposure becomes a habit. Children’s first exposures are usually accidental... Out of curiosity, or typing in the wrong spelling of a word or website. Myths perpetuates the addictive risks, “well all teens are going to look at porn”. Or, “All men watch porn, I’ll just need to accept that my husband will.” “we don’t need filters on our devices, my children, teens wouldn’t seek porn out, they are good kids.

Myth #2: Porn is a good option for sex education

Truth: Porn is not a form of sex education. There is nothing in porn that is real. It’s why Porn Stars refer to themselves as “performers.” Much of porn features the performer/the actress to perform for the appetites of men; the acts are often degrading and debasing women. “Pornography is not any less damaging than street prostitution: it merely distances the user from the debasement and exploitation these women undergo every day.” Jay Stringer, in Unwanted.

Myth #3: Porn can help me be a better lover

Truth: No!!!! Porn only equips you to be a selfish lover. It can also make you an impotent lover. Porn has nothing to do with love or intimacy. It

creates a world of illusion; so there is nothing genuine or authentic about what is viewed in porn. Porn teaches demand and gratification of the viewer, of the male performers; the images, more often than not, degrade and debase women. Love and debasement cannot exist at the same time. Porn also effects men, causing them to feel sexually inadequate... Whether it's an inability to bring your spouse to the screaming ecstasy, or a need to conjure up porn images in order to reach orgasm with your spouse. Or causing men to feel inadequate about "size."

Myth #4: Porn only exploits women.

Truth: While Porn does exploit women it also dehumanizes men; makes men diminished to only one dimension, "only about sex." Just as women don't want to be objectified, I believe you men, want to be seen more as just "horny animals." That you are respected and admired

Myth #5: There are some good things that can be gained by porn, and can be beneficial.

Truth: Arousal and instant pleasure can be gained from porn... but just because something is arousing, doesn't mean it is healthy or good. For those who struggle with porn tell me "I used to think that I was gaining something from porn, now I realize what all it has stolen from."

So bottom line... we can't be involved with watching porn and not lusting. Lust produces bad sex, because it denies relationship and denies intimacy. Lust turns the other person into a non person, a thing, an object. Jesus spoke against lust, because it cheapened Sex. Lust makes sex less than it was created to be. According to Jesus, Sex is too good, too high, too holy, to be thrown away by cheap thoughts! Porn in essence Cheapens Sex.