



### CLASS #4: SPIRITUAL DISCIPLINES

#### Disciplines of Letting Go

1. S\_\_\_\_\_

2. S\_\_\_\_\_

3. F\_\_\_\_\_

4. S\_\_\_\_\_

#### Disciplines of Engagement

1. B\_\_\_\_\_ S\_\_\_\_\_

2. P\_\_\_\_\_

3. W\_\_\_\_\_

4. F\_\_\_\_\_

5. C\_\_\_\_\_

6. S\_\_\_\_\_

#### Application

1. Which discipline are you the strongest in?
2. Which discipline are you the weakest in? how will you grow in it? Be specific.
3. How & who will you share your commitment with? How will you stay accountable?