



CLASS #3: TRAINING VS TRYING

Five Progressions for Walking with God

1. K_____ JESUS.
2. B_____ JESUS.
3. L_____ JESUS.
4. F_____ JESUS.
5. P_____ JESUS.

Trying hard is such a burden. And it's one you were never meant to bear.

Spiritual Disciplines are NOT...

1. They are not M_____ of your spirituality.
2. They are not U_____.
3. They are not a way to E_____ F_____ with God.

Spiritual Training....

1. Is Spirit-F_____ and Spirit-L_____.
2. Is guided by our G_____ and personality.
3. Is aware of my S_____ of life.
4. Has a definite S_____ P_____.
5. Is a J_____.

Application

1. Which of the first 5 points do you struggle with? Which do you need to take the next step towards and how will you do that?
2. In which areas in your walk with God have you been trying and see that you now need to start training?
3. What must change in your life today so that you can walk closer with God?