



Overcoming Anxiety & Depression – Master Class Study Questions

Session 4 (Kimberly Miller & G. Laine Robinson)

Spiritual Matters

Reminder that there is always hope in Christ, the Word and being in community.

Exploration of the idea of “Overcoming” from a biblical perspective

WHAT DOES THE BIBLE SAY ABOUT ANXIETY?

WHAT HAPPENS WHEN WE GET DISAPPOINTED OR DEPRESSED WHEN WE DON'T GET OUR PRAYERS ANSWERED?

WHAT ARE SOME THINGS THAT CAN BLOCK OUR PRAYERS?

4. HOW DO YOU PUT ON THE GARMENTS OF PRAISE FOR THE SPIRIT OF HEAVINESS?