



POWER DOWN

Refocus. Renew. Restore.

JULY SABBATH MONTH

31 DAYS OF REFLECTION

- Day 1: Psalm 119:110
- Day 2: James 1:5
- Day 3: Jeremiah 29:11
- Day 4: Psalm 19:8
- Day 5: Psalm 37:7
- Day 6: Proverbs 3:5-6
- Day 7: Proverbs 19:21
- Day 8: Luke 21:15
- Day 9: Hosea 12:6
- Day 10: Ezekiel 36:26
- Day 11: Isaiah 40:31
- Day 12: Luke 12:34
- Day 13: Mark 12:30
- Day 14: Hebrews 13:5
- Day 15: John 8:32
- Day 16: Psalm 16:8
- Day 17: Romans 14:19
- Day 18: Ephesians 4:14
- Day 19: Hebrews 10:24-25
- Day 20: John 14:27
- Day 21: 2 Corinthians 5:17
- Day 22: Jeremiah 24:7
- Day 23: Mathew 6:33
- Day 24: Hebrews 12:1-2
- Day 25: Colossians 2:5
- Day 26: Ephesians 2:10
- Day 27: Ephesians 6:17
- Day 28: Psalm 16:11
- Day 29: 2 Timothy 1:7
- Day 30: Psalm 32:8
- Day 31: Revelation 1:8

DIRECTIONS

For the next 31 days, commit a specific time of day to draw closer to God. Track your devotional time each day in a dedicated binder or journal.

1. **PRAY.** Pray for an open heart and open mind to understand God's Word.
2. **READ.** Read over the verse a few times slowly and then write it in your journal.
3. **REFLECT.** Review the verse you have written in your journal and take notes on what you see. What was interesting? What did you learn? What do you need more information on?
4. **WRITE.** Underneath your reflection, write out what the verse means to you and how it applies in your life. What was God's personal message to you? In what ways can you take action on what you've learned?
5. **SHARE.** Share what you've learned as a reminder to yourself and encouragement to others. Share your experience with your family, your life group, or use the hashtag #OCCPowerDown.

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July Prayer Focus

Family (July 1-7)

- Keeping God in the #1 Seat
 - Increased faith
 - Favor
- Caring for others
- To be debt free

Church (July 8-14)

- People who are hurting
 - Kids
- Humility among leaders
 - Students
 - Parents
 - Outward focus
- Unity of the church
 - Marriages
- Wisdom for leaders
 - Strategic Plans
- Campuses: Plano, Lewisville, Prosper

Our Neighbors (July 15-21)

- Fatherless kids
- Salvation of Residents
- Welfare of the community
 - Samaritans Inn
 - Foster care system
 - Homelessness

Our World (July 22-31)

- One Community Church missionaries
 - Persecuted visitors
 - World peace
- Against systemic racism
 - Honoring authority
 - Against injustice